

**Karawhiua!**

Give it heaps! Give it  
all you got!

**Kia kaha e hoa mā!**

Let's go team!

**Ka wani kē!**

Awesome! Fabulous!

**kino kē**

awesome

**Wetiweti ana!**

Mean! Wicked!

**Ka mahi**

Well done,  
outstanding

**Tuhauora**

To be in good health

**Kaiora**

Awesome, fearful

**Aeha**

Goodness gracious!

**Tau ke nei**

This is so cool

**Tautapu ke**

Fantastic

**Aroha nui**

Much love

**Kete uruuru matua**

Basket of peace

**Ataahua**

Beauty