

Agencies for [www.ana.org.nz](http://www.ana.org.nz)

**NUTRITION  
ACTION**

Ngā Takawaenga Hāpai Kai Hauora



MINISTRY OF  
HEALTH

MANATŪ HAUORA

Tairawhiti HEHA Network

# ANA TO KAI HUI 2010

Does your roopu deliver a healthy eating or physical activity programme in the community?

Would you like to showcase your mahi at a regional Hui?

We are seeking expressions of interest from any group interested in presenting a workshop on their nutrition and physical activity initiatives at our regional Agencies for Nutrition Action "ANA TO KAI" Hui

11 May 2010  
Pakirikiri Marae  
Tokomaru Bay  
9am-3pm

To register your interest or for more information please contact:

Sharon Pihema  
HEHA Manager  
Tairawhiti District Health  
Ph 06 869 0500 extn 8726.  
[Sharon.Pihema@tdh.org.nz](mailto:Sharon.Pihema@tdh.org.nz)

Or: Matekino Tuhura  
Nutrition Coordinator  
Te Runanga O Ngati Porou  
Ph 06 864 9004 extn 723  
[mtuhura@tronp.org.nz](mailto:mtuhura@tronp.org.nz)

## Who are the organising roopu?

The organising roopu consists of representatives from the host community and the Tairāwhiti HEHA Network. This collaborative Network consists of local organisations involved in improving nutrition, increasing physical activity and reducing obesity. These include Māori Health Providers, Runanga, Non government organisations, Regional Sports Trust, Local government, education and the District Health Board.

## Who are ANA?

The Hui is funded and supported by Agencies for Nutrition Action (ANA) an incorporated society established in 1992.

ANA's mission is to work cooperatively with relevant sectors to support New Zealanders to achieve a healthy body weight.

The Cancer Society, Te Hotu Manawa Māori, Diabetes NZ, NZ Dietetic Association, the Heart Foundation, NZ Nutrition Foundation, Pacific Island Food and Nutrition Action Group (PIFNAG), the New Zealand Recreation Association, the Home Economics and Technology Teachers Association of NZ, Asian Health Foundation and Stroke Foundation are members of ANA. The Ministry of Health is an observer member.

## Selection criteria

Projects that are able to demonstrate the following are eligible to register their interest for presenting a workshop:

- Projects that take a health promotion approach to improving nutrition and/or physical activity
- Projects that are developed and led by/with Māori whānau/hapu/iwi
- Projects that include an evaluation component

## Some examples of projects we are looking for:

- Community Gardens
- Nga mahi a Rehia
- Kohanga-based projects
- Kura-based projects
- Marae-based projects
- Projects focussing on different life stages (e.g. hapu, breastfeeding, tamariki, rangatahi, pakeke and kaumatua)

<p style="text-align: center;"><b>Closing date for Expressions of Interest is 12<sup>th</sup> February 2010</b></p>
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Healthy Eating Healthy Action  
Oranga Kai – Oranga Pumau



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## Expressions of Interest Registration Form

I would like to register our interest to present a workshop at the ANA TO KAI Hui to be held in Tokomaru Bay, 11 May 2010

The name of our project is:

The goal of our project is to:

Some of the activities we do are:

Some of our future plans include:

Contact details

Name:

Organisation:

Address:

Phone:

Email:

**Please return this form by 12<sup>th</sup> February 2010 to either:**

Sharon Pihema  
HEHA Manager  
Tairawhiti District Health  
Private Bag 7001 Gisborne  
Ph 06 869 0500 extn 8726.  
[Sharon.Pihema@tdh.org.nz](mailto:Sharon.Pihema@tdh.org.nz)

Or:

Matekino Tuhura  
Nutrition Coordinator  
Te Runanga O Ngati Porou  
Ph 06 8649004  
[mtuhura@tronp.org.nz](mailto:mtuhura@tronp.org.nz)